

Atrial Fibrillation Counselling Support Tool

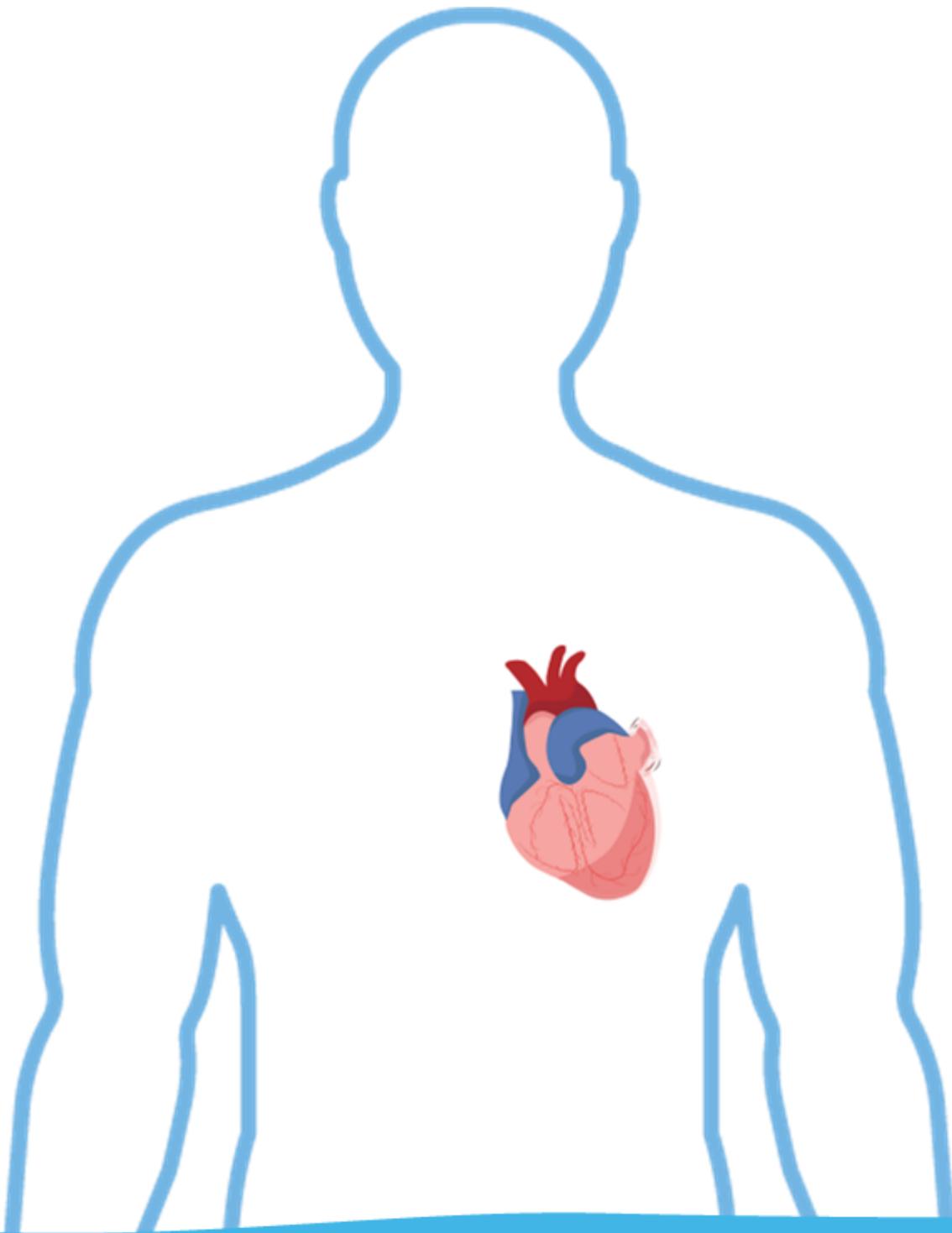
Rivaroxaban 20mg



Your new tablet is
Rivaroxaban 20mg

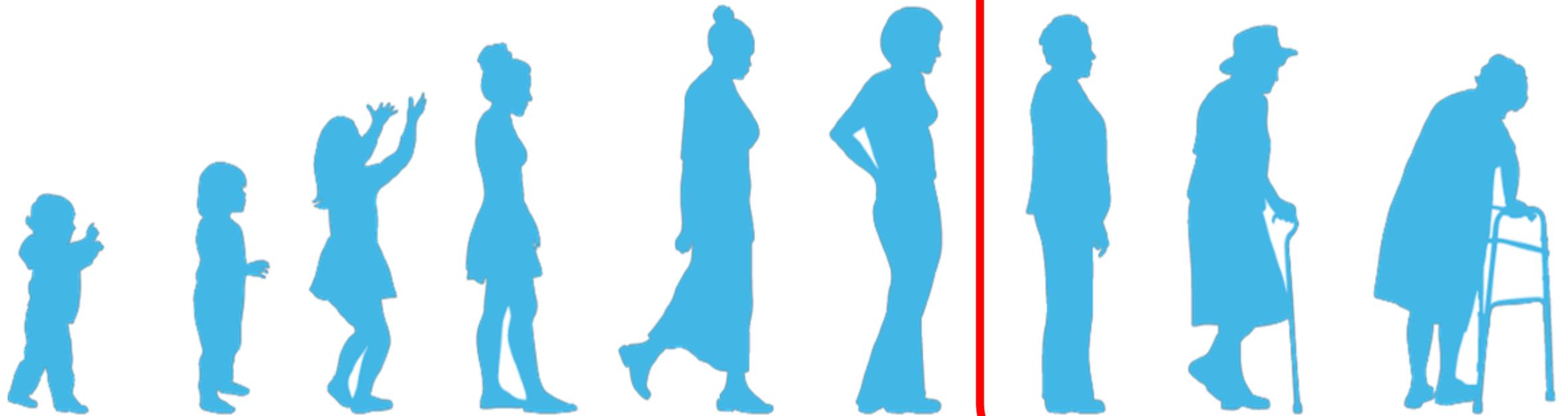
The brand name is
Xarelto

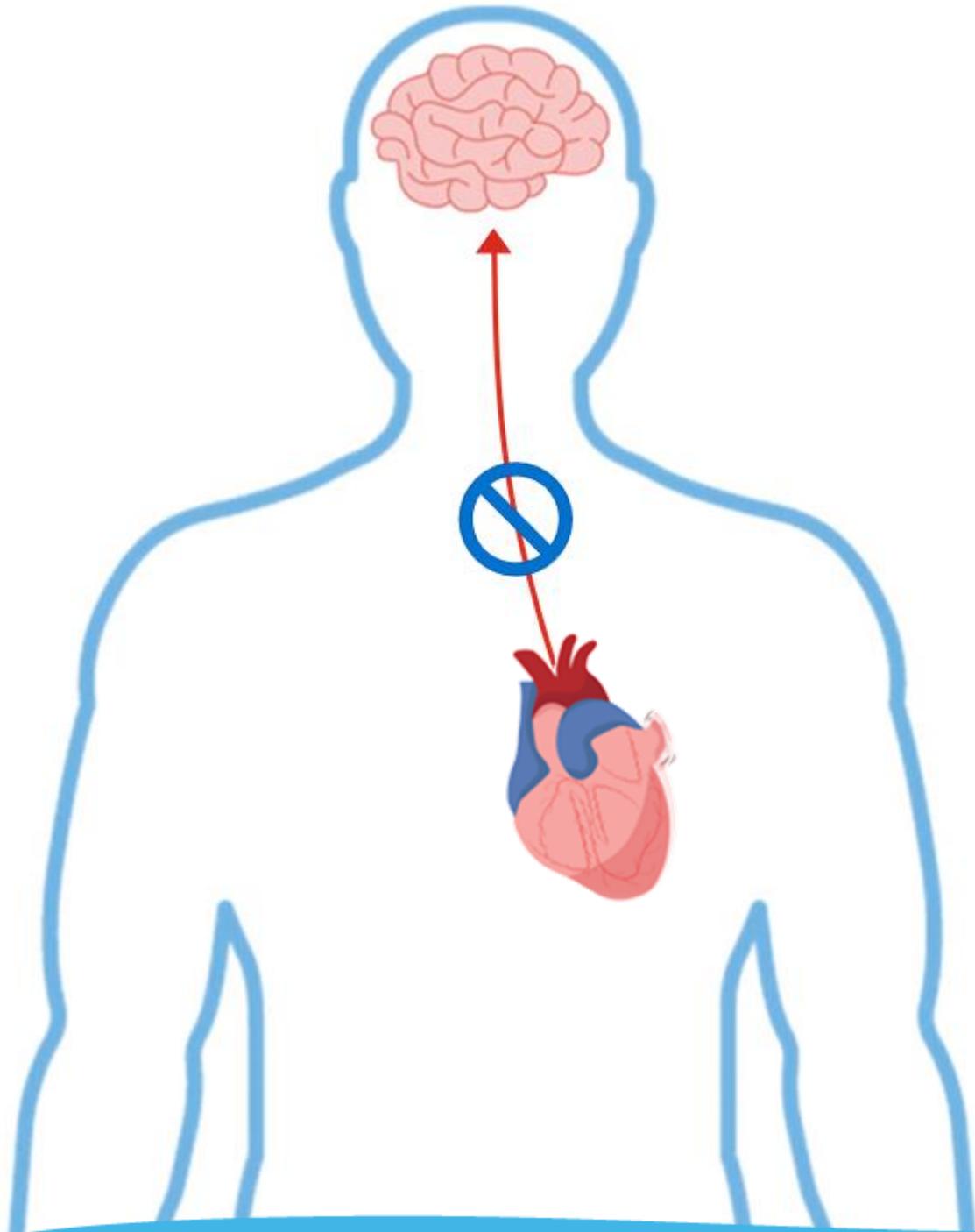




You have been
prescribed
Rivaroxaban 20mg
because you have
Atrial Fibrillation
- a type of irregular
heartbeat

Atrial fibrillation is a major cause of stroke, particularly in older people





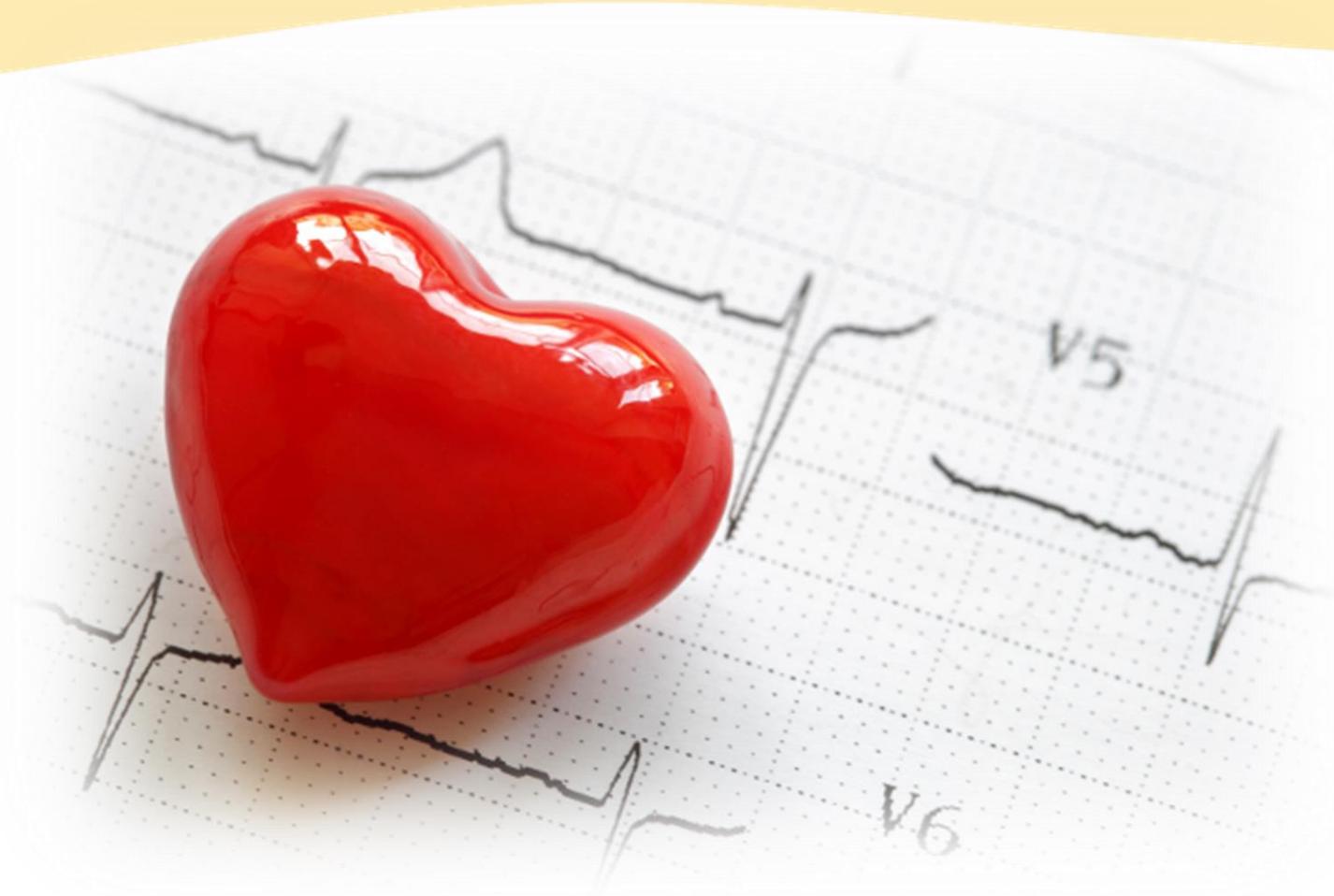
**Atrial fibrillation can
cause blood clots**

**Blood clots can
travel to the brain
and cause a stroke**

**Rivaroxaban
stops most strokes
caused by atrial
fibrillation**



**Most people will take Rivaroxaban
for the rest of their lives**





Your GP will do a
blood test a few
times a year

This is less often
than with Warfarin



Take
Rivaroxaban
ONCE a day
Never miss tablets



You must take
**Rivaroxaban with
food**



When will you take **your** Rivaroxaban?

**Rivaroxaban is short
lived in the body**

**Do not miss
any tablets**





**Rivaroxaban
makes it take
longer to stop
bleeding**

**If you notice any bleeding
when you use the toilet or if
your poo looks black (tarry)
tell your doctor the same day**

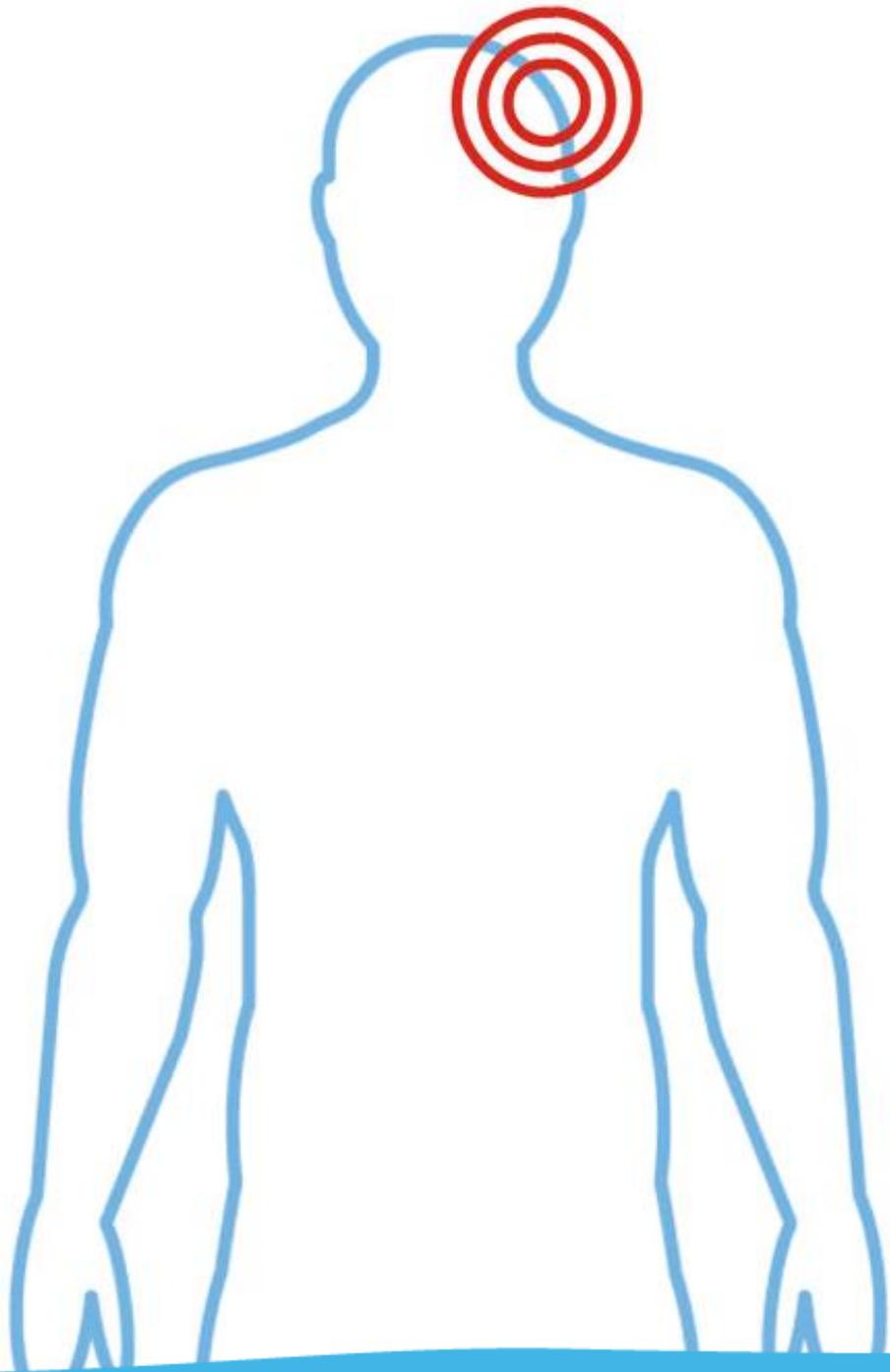
**If you have lots of bleeding
seek immediate medical help**



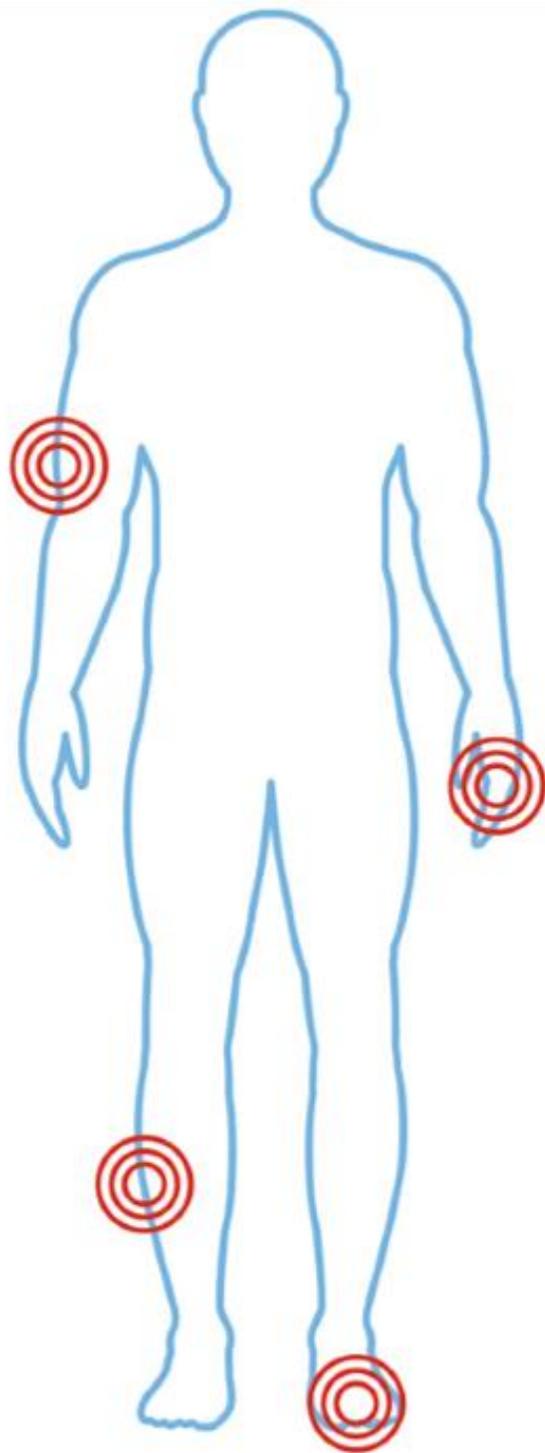


If you are bleeding
badly and it doesn't
stop, seek immediate
medical help

Explain that you are
taking Rivaroxaban



If you hit your head badly seek immediate medical help so that you can be checked for internal bleeding
Explain that you are taking Rivaroxaban



If you hit any part of your body badly, seek immediate medical help so that you can be checked for internal bleeding

Explain that you are taking Rivaroxaban

Always keep your anticoagulant alert card with you

Anticoagulant Alert Card	
This patient is taking anticoagulant therapy This card should be carried at all times and shown to healthcare professionals.	
Name of patient:	
Address:	
Postcode:	Telephone:
Name of next of kin:	
Hospital number:	NHS Number:



All foods are okay

Do not drink lots of
alcohol – stay within
the recommended
limits



Tell people – Doctor, Nurse, Pharmacist, Dentist that you are taking Rivaroxaban



Ask your Doctor about any new medicines, including over the counter medicines, vitamins and herbal remedies.

Paracetamol is OK.



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Acknowledgements

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- Satinder Bhandal , Consultant Pharmacist Anticoagulation, Buckinghamshire Healthcare NHS Trust
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