Atrial Fibrillation
Counselling Support Tool
Edoxaban 30mg
Your new tablet is Edoxaban 30mg

The brand name is Lixiana
You have been prescribed Edoxaban 30mg because you have Atrial Fibrillation - a type of irregular heartbeat.
Atrial fibrillation is a major cause of stroke, particularly in older people.
Atrial fibrillation can cause blood clots. Blood clots can travel to the brain and cause a stroke.
Edoxaban stops most strokes caused by atrial fibrillation.
Most people will take Edoxaban for the rest of their lives.
Your GP will do a blood test a few times a year. This is less often than with Warfarin.
Most people do not need dose changes.
Take Edoxaban
ONCE a day
Never miss tablets
When will you take your Edoxaban?
Edoxaban is short lived in the body. Do not miss any tablets.
Edoxaban makes it take longer to stop bleeding.
If you notice any bleeding when you use the toilet or if your poo looks black (tarry) tell your doctor the same day

If you have lots of bleeding seek immediate medical help
If you are bleeding badly and it doesn’t stop, seek immediate medical help. Explain that you are taking Edoxaban.
If you hit your head badly seek immediate medical help so that you can be checked for internal bleeding. Explain that you are taking Edoxaban.
If you hit any part of your body badly, seek immediate medical help so that you can be checked for internal bleeding. Explain that you are taking Edoxaban.
Always keep your anticoagulant alert card with you.
All foods are okay
Do not drink lots of alcohol – stay within the recommended limits
Tell people – Doctor, Nurse, Pharmacist, Dentist that you are taking Edoxaban
Ask your Doctor about any new medicines, including over the counter medicines, vitamins and herbal remedies

Paracetamol is OK
Acknowledgements

Based on original content by:

• Satinder Bhandal, Consultant Pharmacist Anticoagulation, Buckinghamshire Healthcare NHS Trust

• Katrina Clarkson, Principal Speech and Language Therapist, Regional Hyperacute Rehabilitation Unit, Northwick Park Hospital

• Nina Barnett Consultant Pharmacist, Older People, Medicines Use and Safety Division, NHS Specialist Pharmacy Service and London North West Healthcare NHS Trust