

Atrial Fibrillation Counselling Support Tool

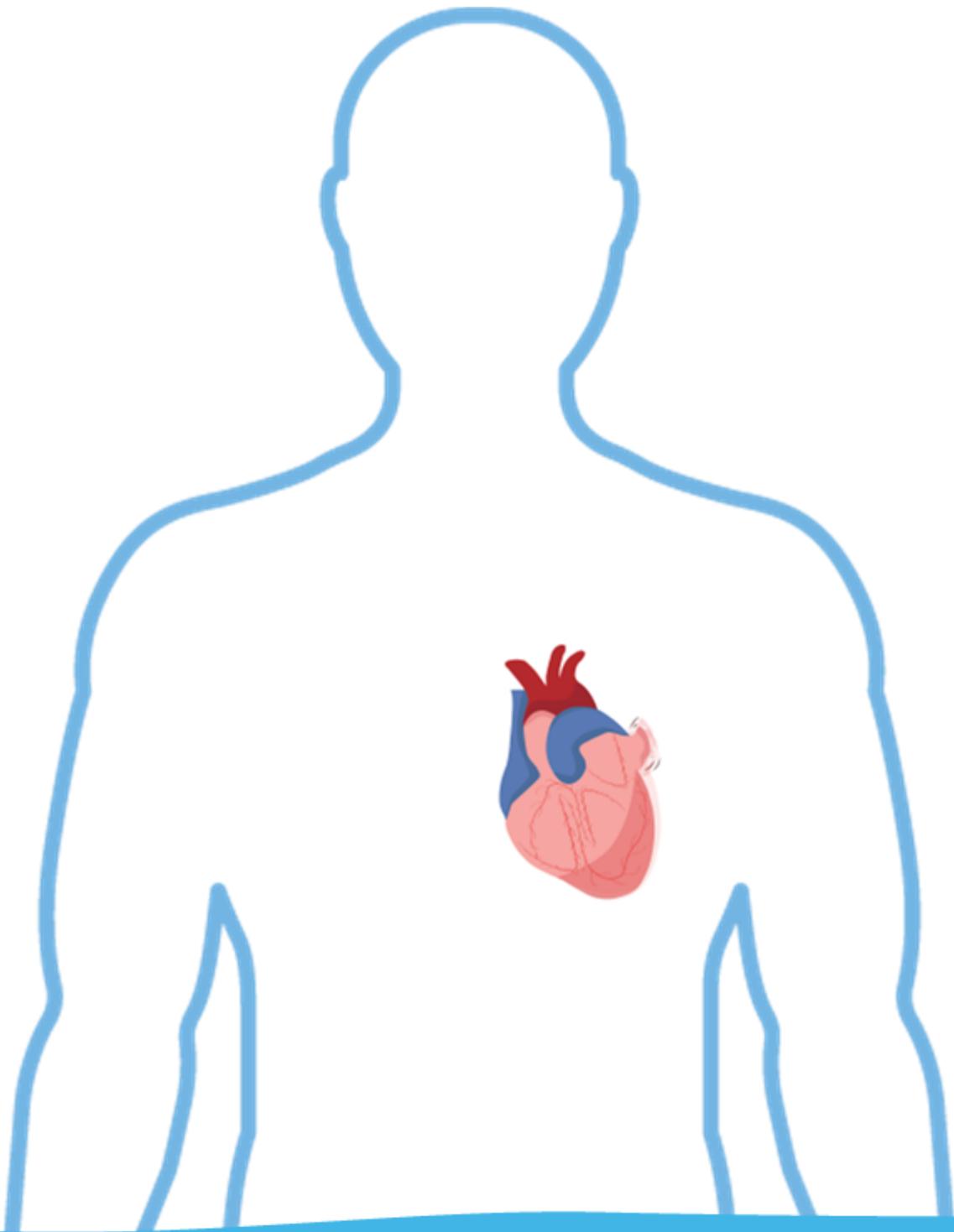
Apixaban 2.5mg



Your new tablet is
Apixaban 2.5mg

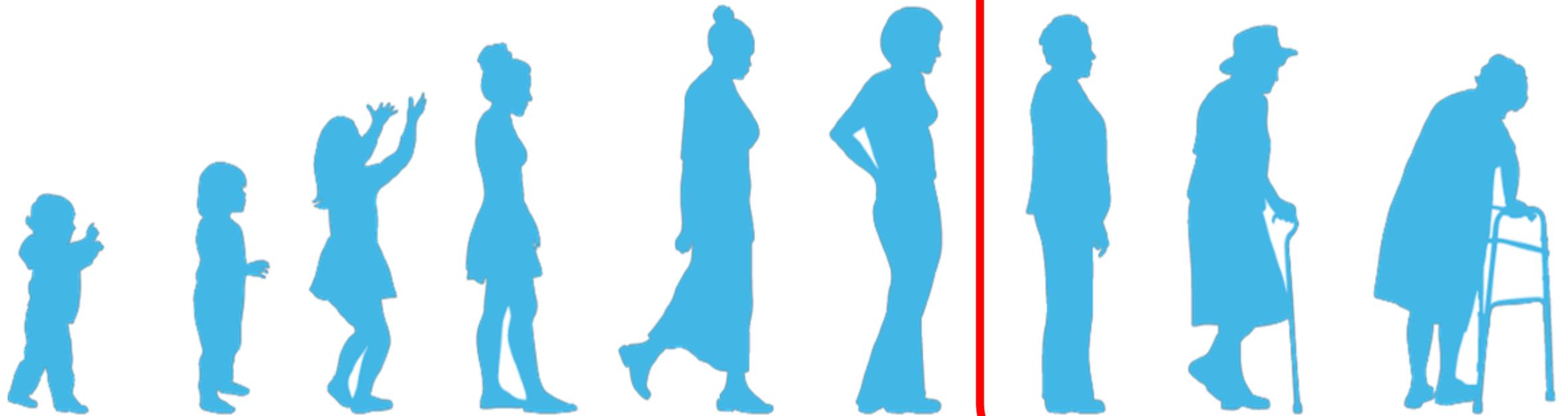
The brand name is
Eliquis

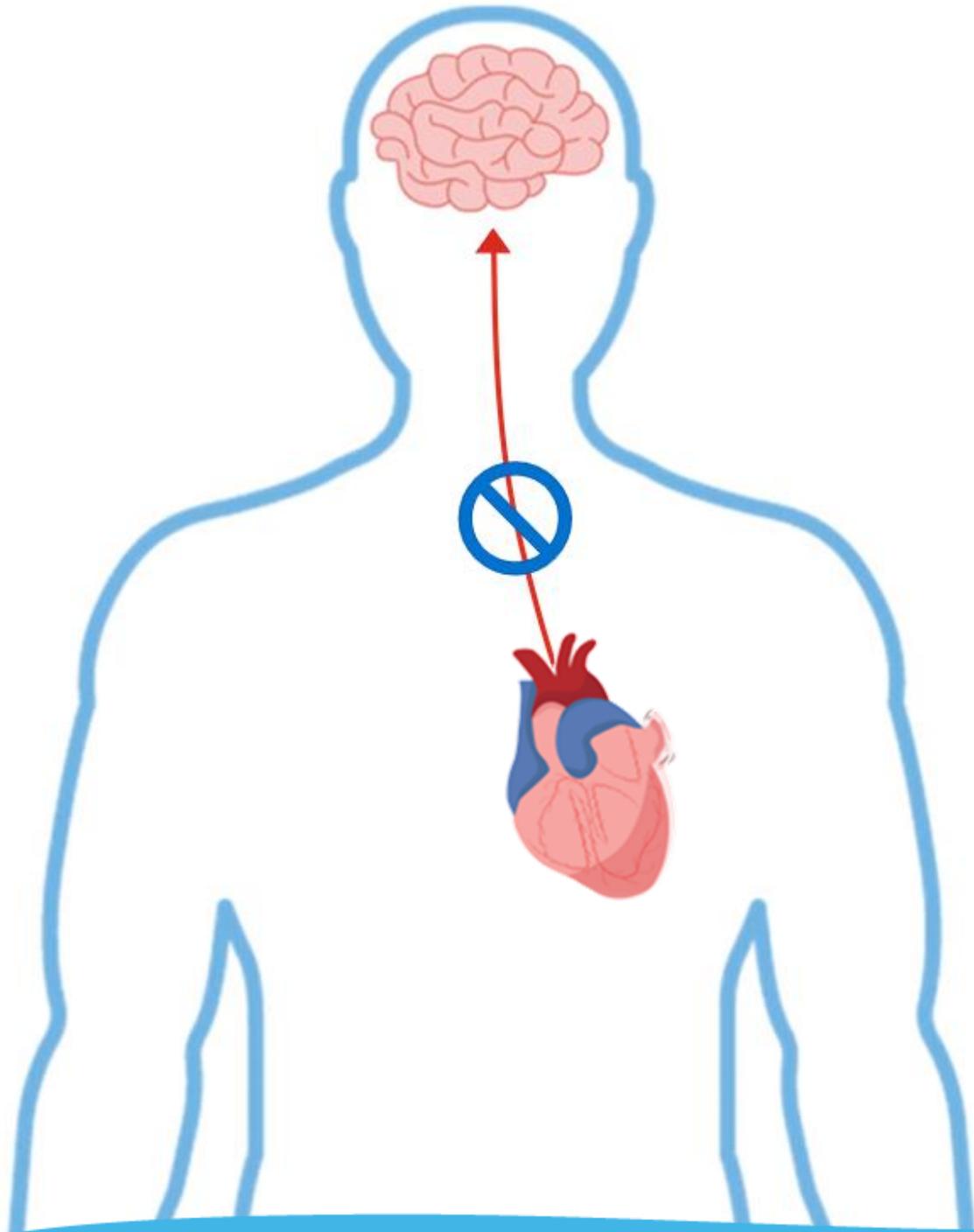




You have been
prescribed
Apixaban 2.5mg
because you have
Atrial Fibrillation
- a type of irregular
heartbeat

Atrial fibrillation is a major cause of stroke, particularly in older people





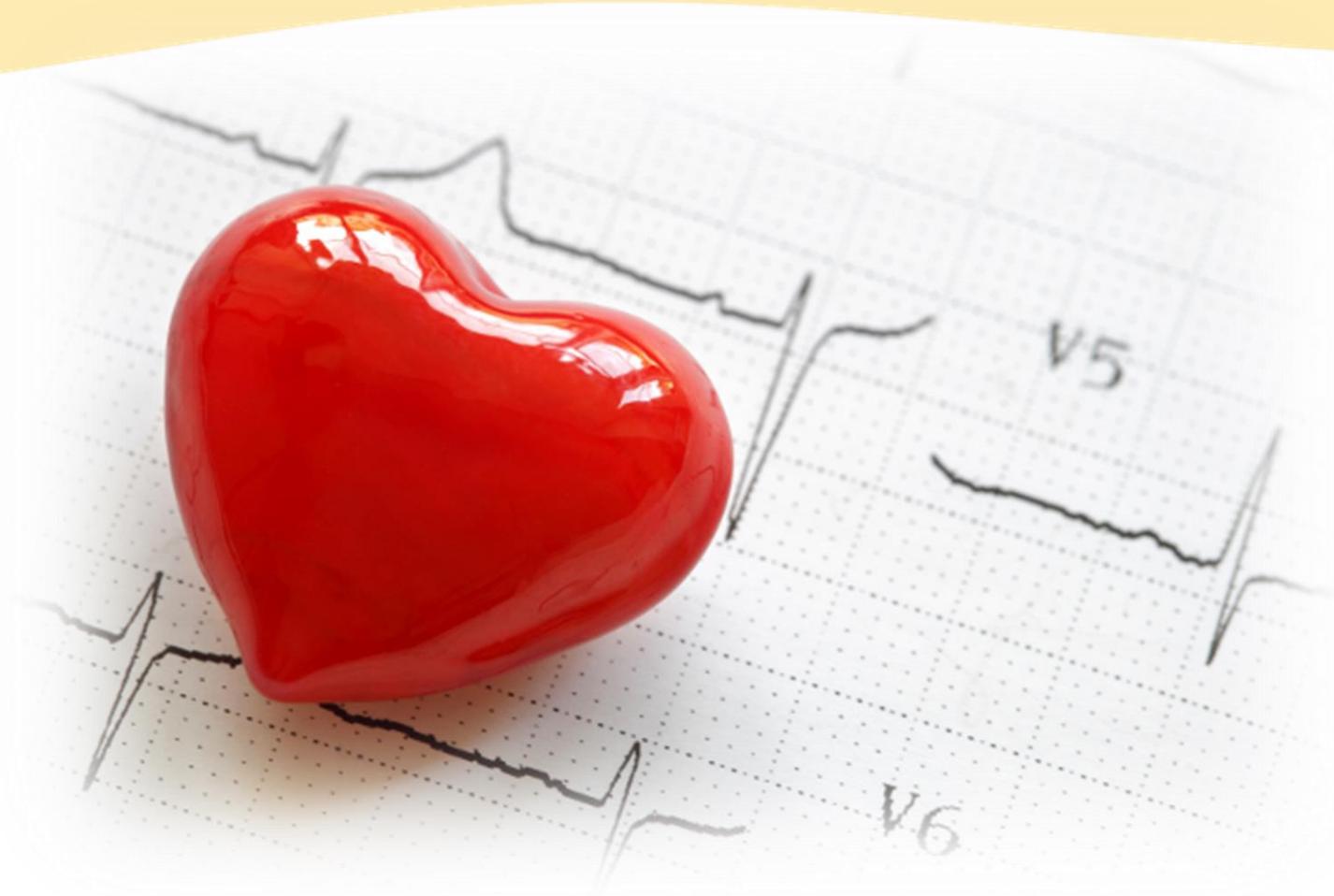
**Atrial fibrillation can
cause blood clots**

**Blood clots can
travel to the brain
and cause a stroke**

**Apixaban stops
most strokes
caused by atrial
fibrillation**



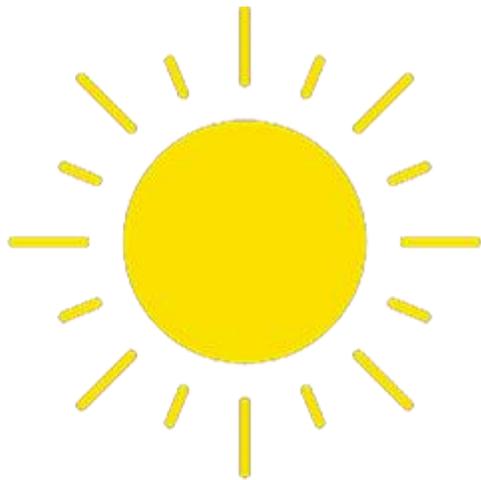
**Most people will take Apixaban
for the rest of their lives**





**Your GP will do a
blood test a few
times a year**

**This is less often
than with Warfarin**



**Take Apixaban
twice a day**

**With OR
without food**

Never miss tablets



When will you take your Apixaban?

**Apixaban is short
lived in the body**

**Do not miss
any tablets**





**Apixaban makes
it take longer to
stop bleeding**

If you notice any bleeding
when you use the toilet or if
your poo looks black (tarry)
tell your doctor the same day.

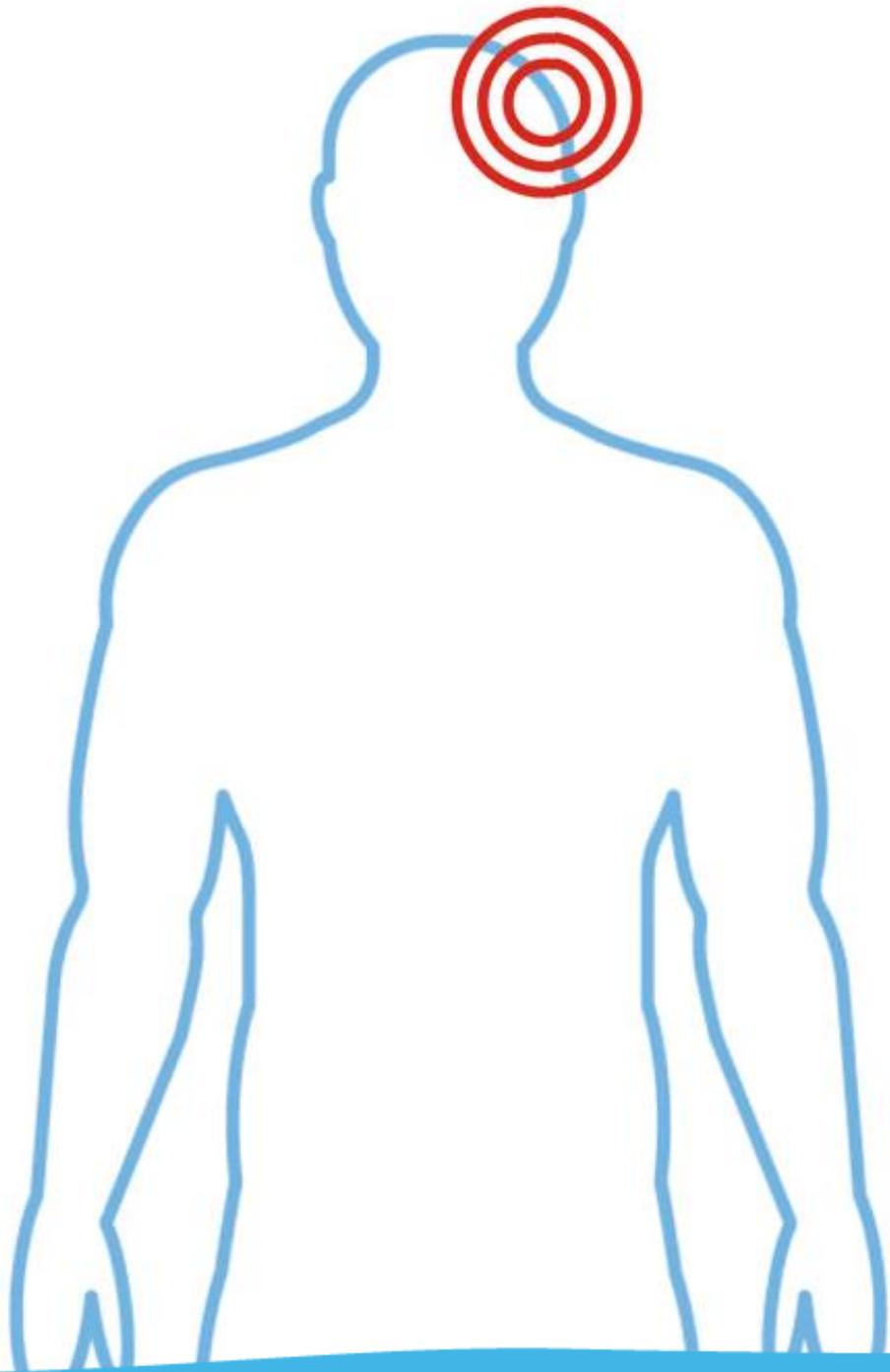
If you have lots of bleeding
seek immediate medical help.





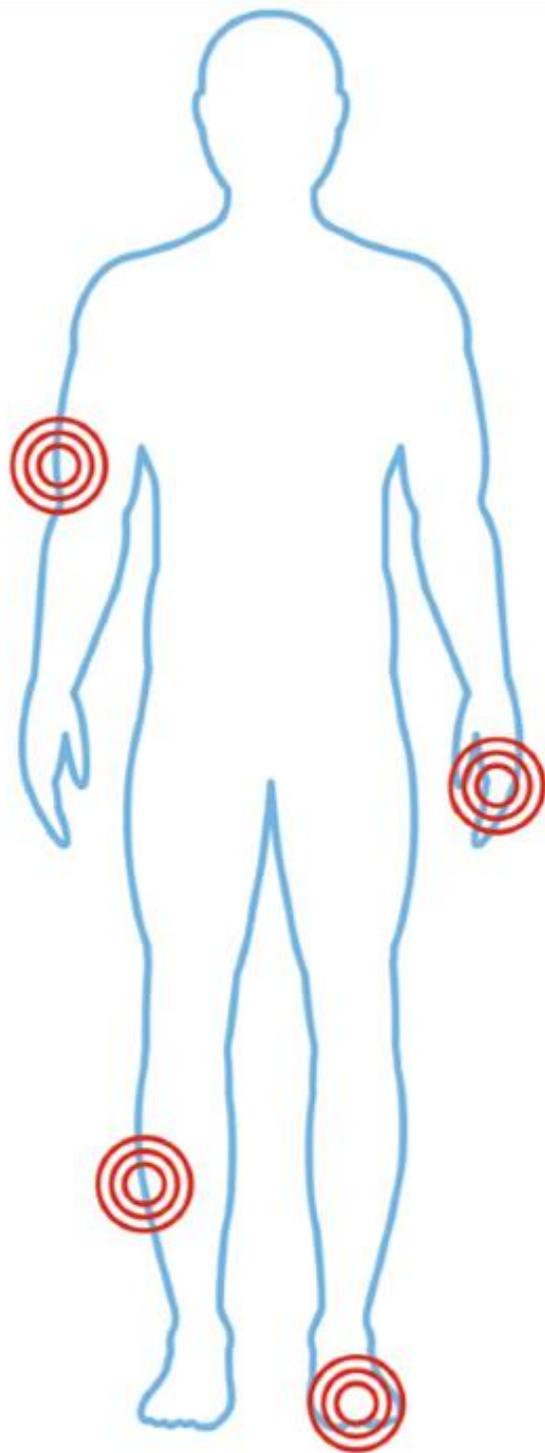
If you are bleeding badly and it doesn't stop, seek immediate medical help.

Explain that you are taking Apixaban



If you hit your head badly seek immediate medical help so that you can be checked for internal bleeding.

Explain that you are taking Apixaban



**If you hit any part of
your body badly, seek
immediate medical help so
that you can be checked
for internal bleeding**

**Explain that you are
taking Apixaban**

Always keep your anticoagulant alert card with you

Anticoagulant Alert Card	
This patient is taking anticoagulant therapy This card should be carried at all times and shown to healthcare professionals.	
Name of patient:	
Address:	
Postcode:	Telephone:
Name of next of kin:	
Hospital number:	NHS Number:



All foods are okay

Do not drink lots of
alcohol – stay within
the recommended
limits



Tell people – Doctor, Nurse, Pharmacist, Dentist that you are taking Apixaban



Ask your Doctor about any new medicines, including over the counter medicines, vitamins and herbal remedies

Paracetamol is OK



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Acknowledgements

Based on original content by:

- Satinder Bhandal , Consultant Pharmacist Anticoagulation, Buckinghamshire Healthcare NHS Trust
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