A game of two halves

Tina Coldham
Chair – INVOLVE Advisory Group
Mental Health Service User Consultant
Tina’s CV

- Practising Depressive
- Helped along – “Empowered”
- Local involvement – self help and campaign groups
- Wider regional and national involvement
- Practising Depressive
What have I learnt?

- To be flexible and responsive but don't burn yourself out
- Work with people that ‘get it’ and value you!
- Push for person centred approaches in all you do
- Stay in touch with the grass routes – ‘keeps it real’
- Stay true to what you believe
KEEP CALM
AND
NAIL THE SECOND HALF
INVOLVE

• INVOLVE was established in 1996 and is part of, and funded by, the National Institute for Health Research, to support active public involvement in NHS, public health and social care research. It is one of the few government funded programmes of its kind in the world.

• As a national advisory organisation our role is to bring together expertise, insight and experience in the field of public involvement in research, with the aim of advancing it as an essential part of the process by which research is identified, prioritised, designed, conducted and disseminated.
What is Co-Production?

Building and maintaining relationships

Reciprocity
Everyone benefits from working together

Sharing of power
Joint understanding and genuine responsibility

Including all perspectives and skills
All relevant views and knowledge is included

Respecting and valuing the knowledge of all
Everyone is of equal importance
INVOLVE will be publishing a series of three publications titled **Co-Production in Action**, each of which will showcase three examples of co-produced research – the first one is currently with the printers. This is a follow-up to INVOLVE’s **Guidance on co-producing a research project**. A webinar series exploring these examples is accompanying the new guidance.
Our ‘standards’ are now officially called the UK Public Involvement Standards #UKPIStandards. Freestyle follow up surveys are being completed and the information from this will feed into the final Testbed workshop in May. Recommendations and refinements will be made to these standards before their launch in the autumn.
Public Co-applicants

Public Co-Applicants in Research – guidance on roles and responsibilities has just been published.

This guidance is intended to help:
- Researchers wanting to include a public co-applicant in a study
- Public contributors wanting to become a co-applicant
- Research staff who coordinate public involvement activities or advise on funding applications
- Those working in or with research organisations to review or process research applications.
Learning & Development

The Learning for Involvement website has launched! INVOLVE has led a project group to design and produce a website for PPI training, learning and development: www.learningforinvolvement.org.uk

The website is dedicated to learning and development for public involvement in health and social care research, and includes training and resources associated with involvement. It brings together information about PPI training and a range of learning resources (such as guidance, websites, videos, articles and blogs), all in one place.
- It also has contact details of training providers, for those looking to develop training sessions.
- Anyone can search for different types of training or learning resources and see what is available, either in their area or on a specific topic.
- Anyone can recommend or share their favourite resources by adding them to the site.
- Anyone running a public involvement training session is encouraged to share information about the sessions on the website, so that others can benefit or be inspired.
The Reaching Out programme was launched in 2018. The programme, joint funded by INVOLVE and RDS, is to encourage the development of public involvement and engagement relationships, and new or more effective approaches to building relationships, within communities in RDS localities. The focus is on those communities not usually involved in research. Four projects have been given funding: RDS Yorkshire & Humber; RDS North East; RDS South Central (Wessex); RDS East of England.
Children and Young People

INVOLVE’s children and young people’s working group has undertaken a mapping exercise to better understand the number, type and geographical spread of Children and Young People’s Advisory Groups in England. A report documenting these results and also the findings of a researcher survey on barriers and enablers to involving children and young people will be published shortly. The group are now updating the INVOLVE publication “Involving Children and Young People in Research: top tips and essential key issues for researchers.”
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