



Supporting Younger People with Dementia

Young Dementia UK

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YPWD (Berkshire West)

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Regional Variation - Survey

Oxford

Bucks

Oxford Clinic for Cognitive
Disorders

West Berkshire

Wokingham

Reading

Slough

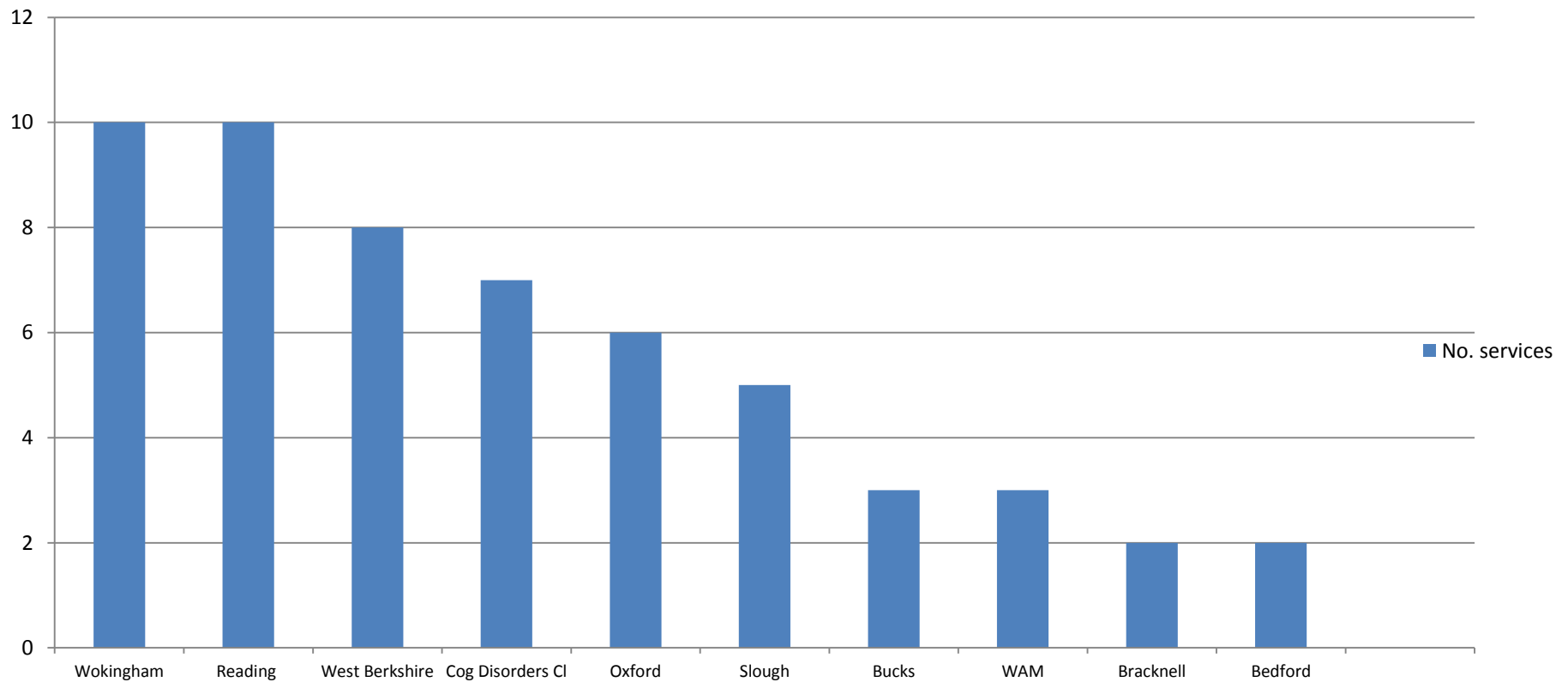
Bracknell

WAM

Bedfordshire

Variation In Young Onset dementia services

Number of services



Young Dementiauk

www.youngdementiauk.org



- YoungDementia UK set up in 1998
- Based in Oxfordshire



- Supporting the whole family
- Two dedicated services which compliment each other.



Individual support for the young person with dementia

Young Dementia UK

Informing Influencing Inspiring





“YDUK has given me back my brain! I had got in such a muddle, I had just given up. Sandy has helped me put things back in order so that I can start again”.



Group support and activities for the young person with dementia

Young Dementia UK

Informing Influencing Inspiring



Family Service

- **Cognitive Disorders Clinic**
- **Individual support**
- **Groups**

Young Dementia UK

Informing Influencing Inspiring





"Anna's support is Phenomenal. She is a really good source of information and support. I couldn't go back to the days when support wasn't there. Just knowing people are at the end of a phone if we need you".

Social Events





www.youngdementiauk.org

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www.ypwd.info



Elements of the model

**Collaboration
with third sector
& NHS**

(Honorary contracts,
shared training,
supervision)

**Carer/patient
engagement
embedded**

Set up by NHS
staff & carers

**Meaningful
respite**

prospectus of
workshops

Social capital

connections,
self-esteem, new
learning, skills
retention

Workshop examples

- Badminton
- Table tennis
- Photography
- Furniture restoration
- Running club
- Book group
- Gardening
- Turtle Song

Patient experience & outcomes

	People with dementia	Carers
Groups made them feel more confident	88%	90%
The person's (they care for) mood has improved since attending the workshops.	88%	90%
The person (they care for) can concentrate for longer periods of time since attending the groups.	75%	76%
The group was beneficial to the carer (ie respite time)	Not applicable	98%

Evaluation/outcome measures:

Demographic profile of attendees, cognition and BPSD

Diagnosis	Age at onset	MMSE at 6 months	MMSE at 18 months	NPI at 6 months	NPI at 18 months	Workshops attended
Mean	58.9	20.6	18	21.6*	10.6*	
Range	51-65	7-28	0-27	35-6	32-1	1-5

Numbers recorded – 33 individuals

* Average of Wokingham NPI (Neuropsychiatric Inventory) scores (9 people)

