

Dementia

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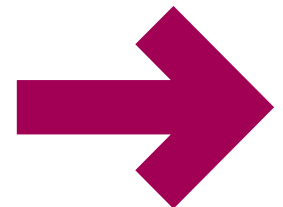
Medical Director
NHSE South Central



Dementia

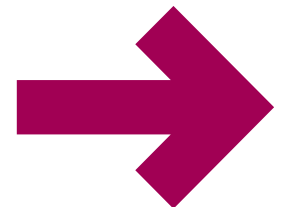
The ageing population:

- 16m >65 by 2032 (48.7% rise) = 23.5% population
- >85 to double in next 20yrs
- 20% current population can expect to reach 100yrs
- 36% >65 live alone



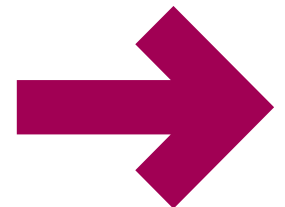
Dementia

- Latest figures from the Alzheimer's Society show that in England, 714,000 people are living with dementia.
- The vast majority (almost 95%) of those living with dementia are over the age of 65. There are, however, 42,325 people under 65 who have dementia
- 50% of people with Dementia will be undiagnosed
- Dementia is the most feared illness in people over 50
- People with dementia, admitted to hospital are likely to have a LOS 4 x longer than normal



Dementia

- **Too many people with dementia aren't living as well as they could**
- 61% felt anxious or depressed recently
- 40% felt lonely recently.
- 52% don't feel they get enough support from the government.
- 34% don't feel part of their community.
- 28% aren't able to make decisions about how they spend their time.
- 18% aren't living well with dementia.



Dementia

- There is evidence of the need to improve end of life care*
- There is evidence to suggest that where patients are diagnosed and have a care plan they will have fewer admissions and shorter LOS.
- We have evidence that where diagnosed and have a care plan the carers of people with dementia have less stress and better experiences of care.

**Living and dying with dementia in England: Barriers to Care 2014*

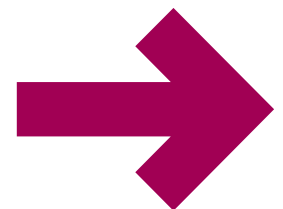
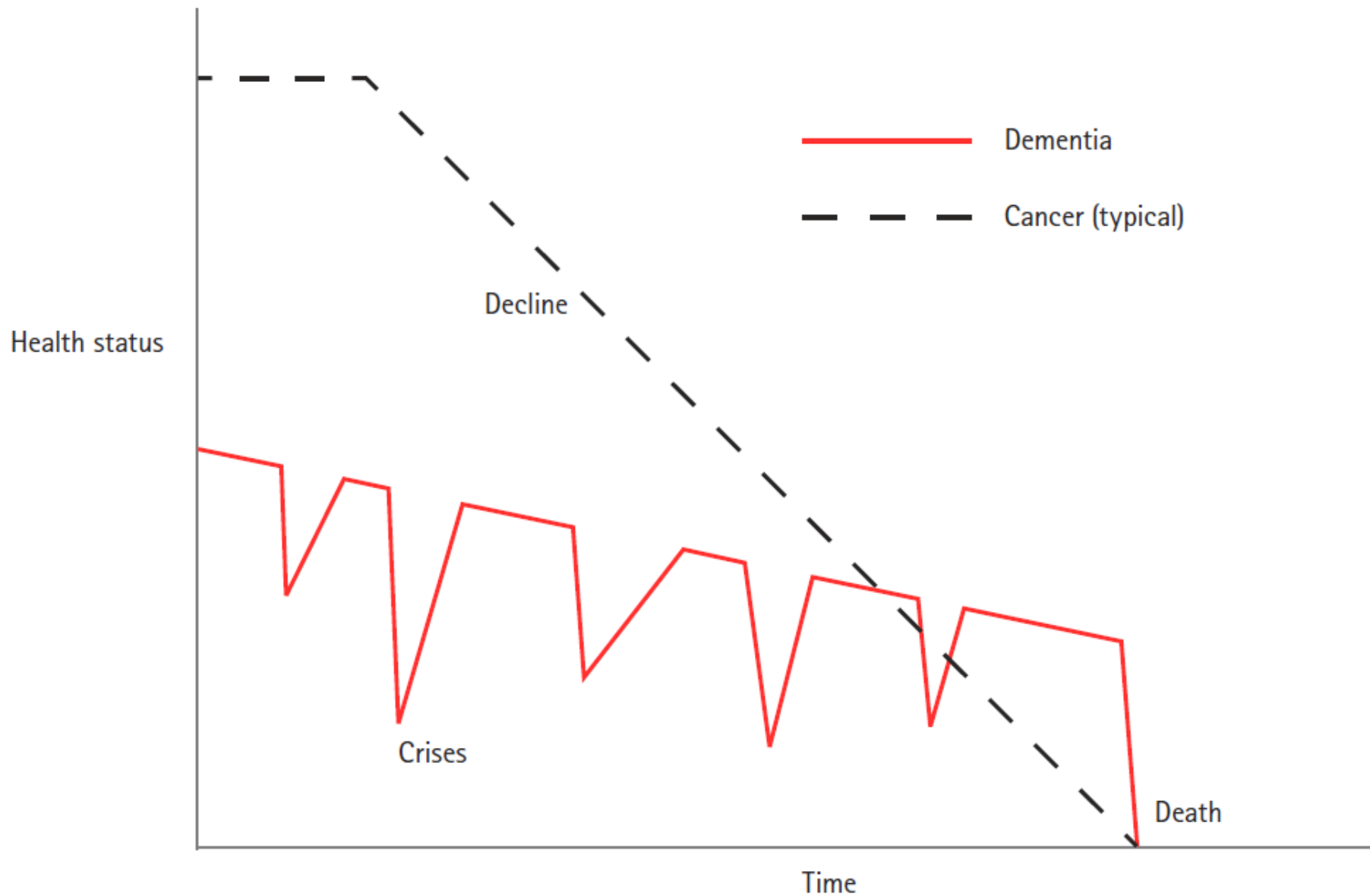
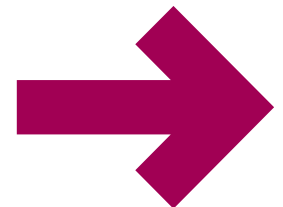


Figure 1 Terminal trajectory typical of cancer and dementia (adapted from Sachs, et al., 2004¹⁹)



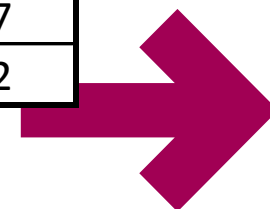
Dementia

- The Clinical Network Contributions:
 - Improving diagnosis rates
 - Thames Valley Strategic Dementia Forum
 - Dementia-friendly practices

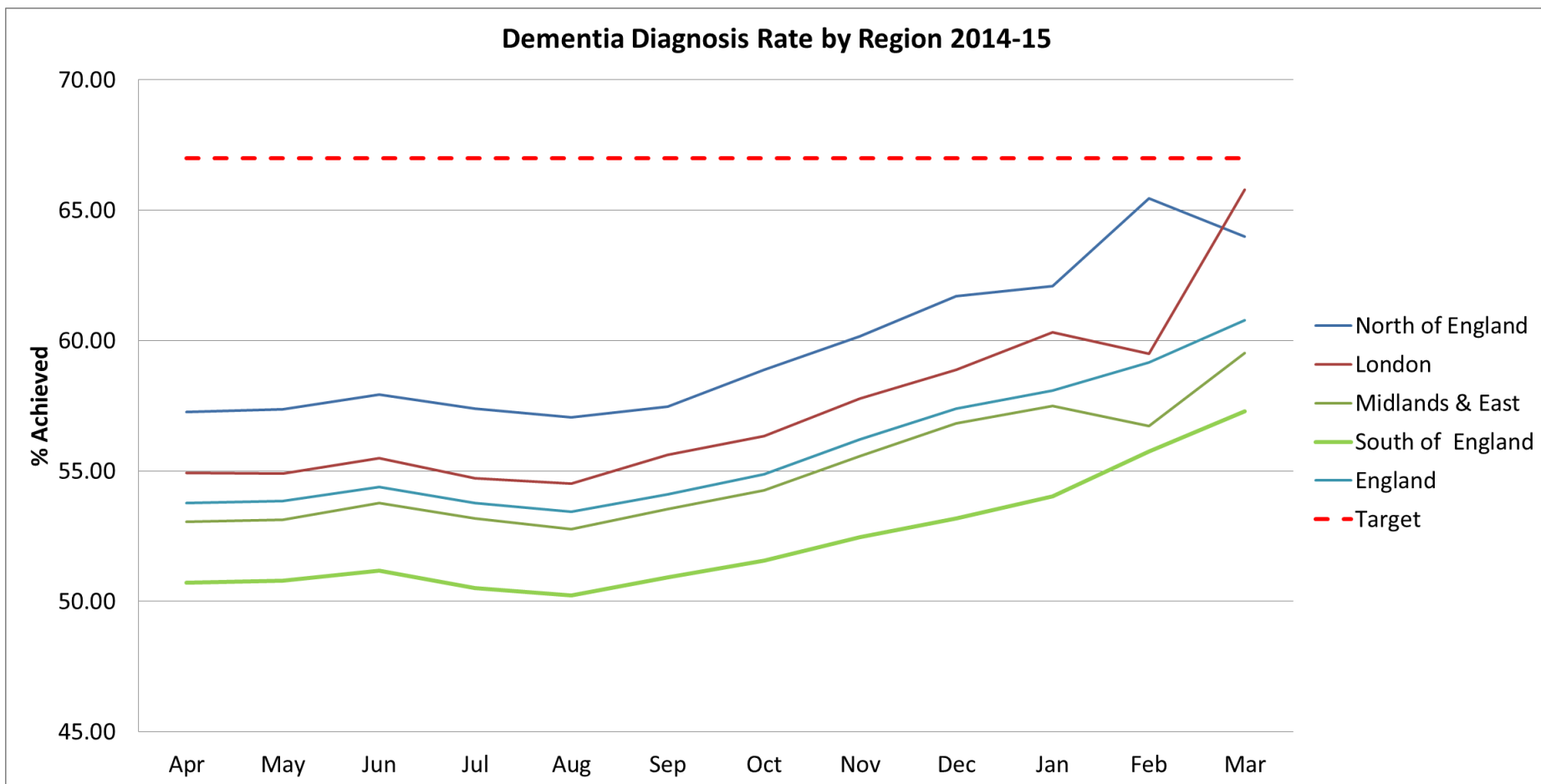


Thames Valley CCGs: Dementia Diagnosis Rates

CCG	Current Diagnosis % Mar 15	Forecast Diagnosis % Mar 15	Forecast % increase
Bracknell and Ascot CCG	66.17	67	0.8
Slough CCG	58.69	67	8.3
Aylesbury Vale CCG	58.02	70	12.0
Wokingham CCG	58.07	56.9	-1.2
Windsor, Ascot and Maidenhead CCG	56.01	67	11.0
Newbury and District CCG	55.41	56	0.6
Oxfordshire CCG	57.83	60	2.2
North & West Reading CCG	54.20	56.9	2.7
South Reading CCG	53.48	58	4.5
Chiltern CCG	50.20	54.8	4.6
Thames Valley	59.7	67	7.3
South of England	57.3	67	9.7
England	60.8	67	6.2

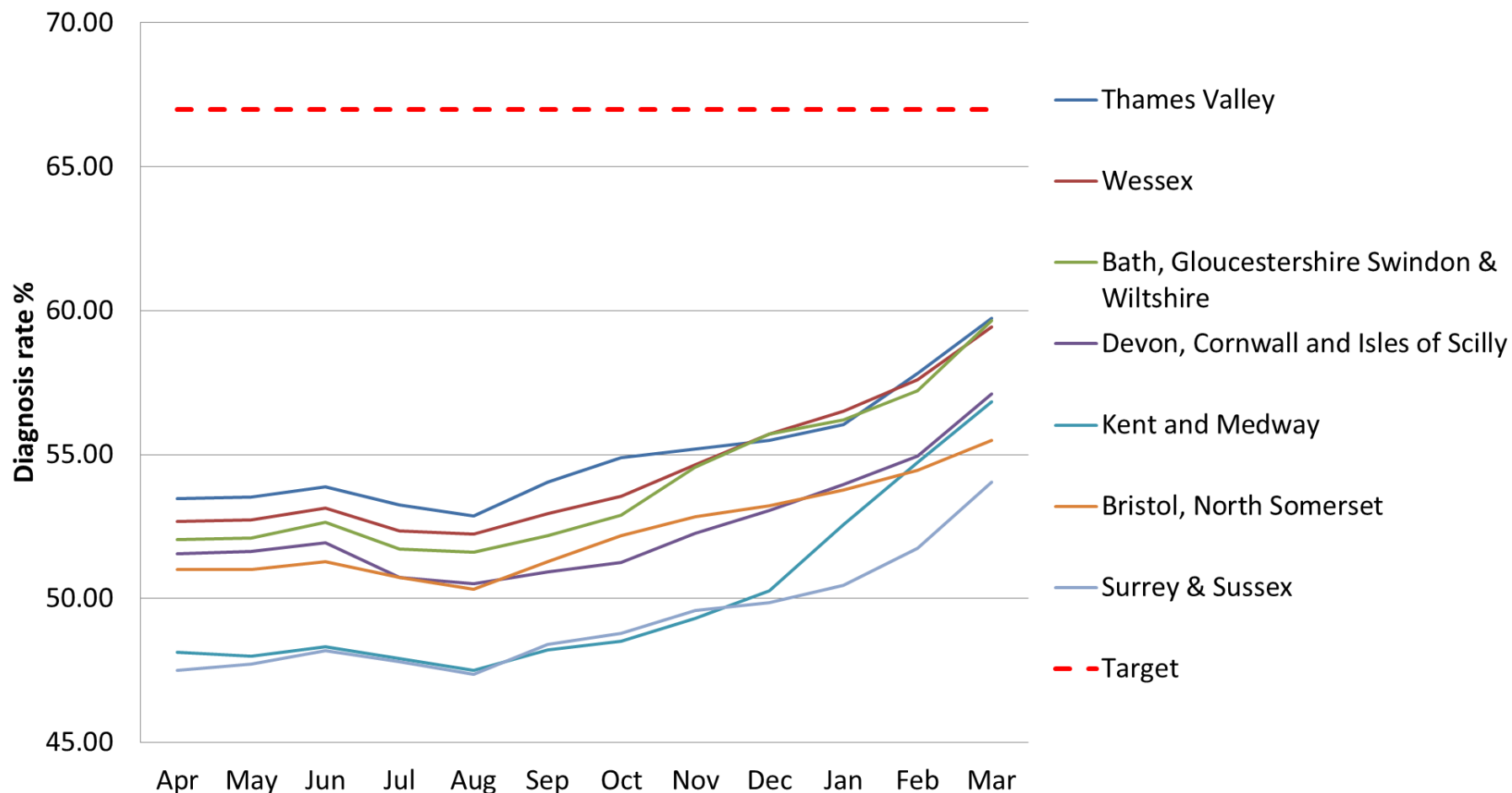


The South is the lowest performing region in England



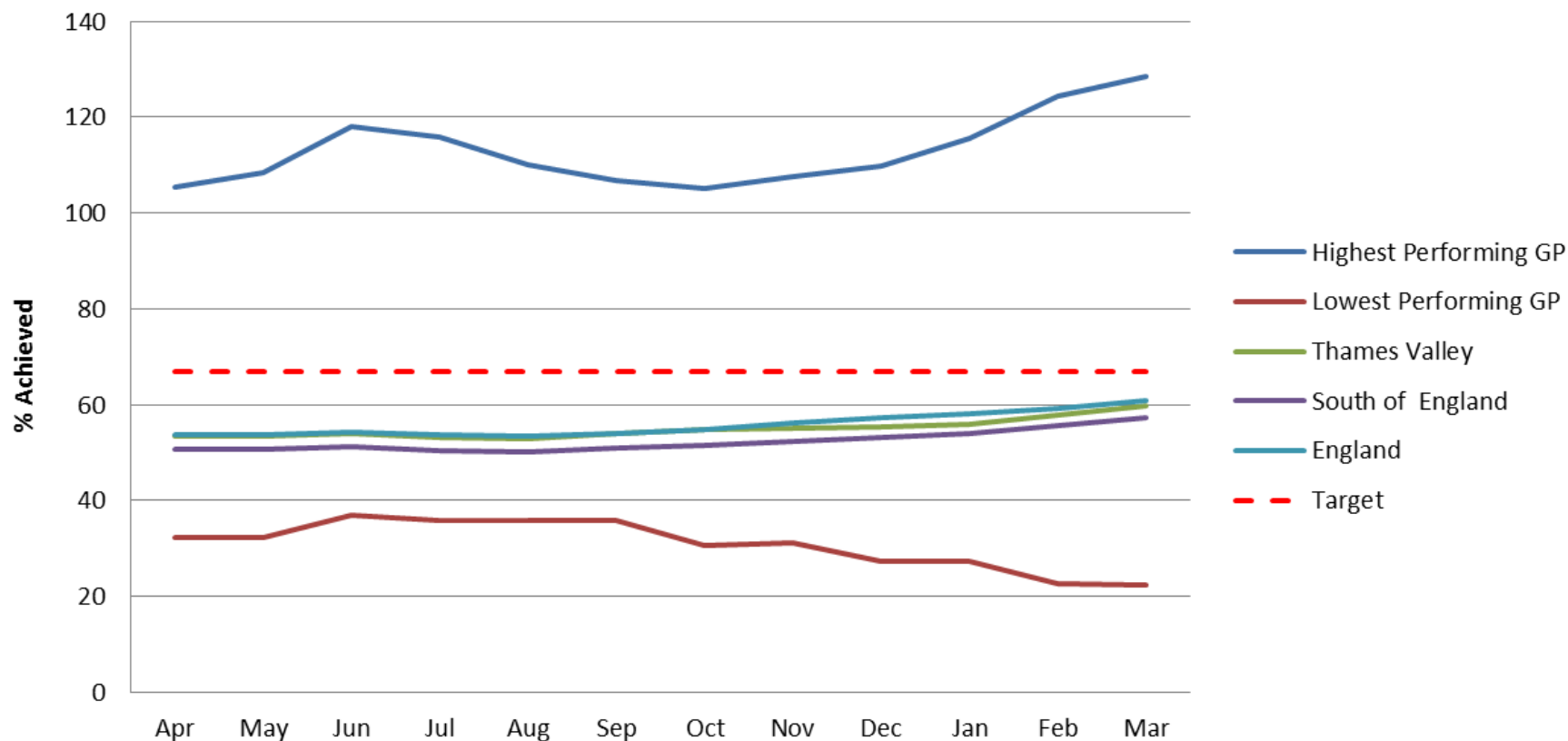
TV highest performing area in the South of England

Dementia Diagnosis Rates by AT 2014-15



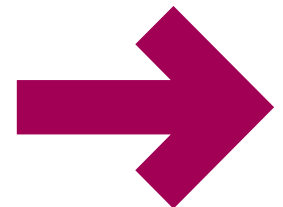
Within Thames Valley there is a 106% gap in diagnosis rates between the highest and lowest GP practices

Dementia Diagnosis Rates: Highest & Lowest Performing Practices in TV, Compared to Regional and National Achievement



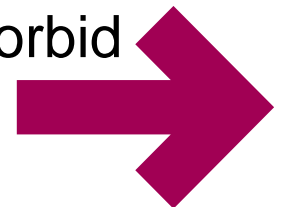
Dementia

- Challenges to improving diagnosis rates:
 - Therapeutic nihilism
 - Conflicting priorities
 - Memory clinic access
 - “mild cognitive impairment”

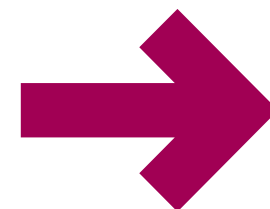


Dementia

- 80% of people in care homes have dementia - the diagnosis rate there is probably less than the 50% average
- There is no need for referral to a memory clinic and GPs with skills can make the diagnosis. Not all patients require a scan.
- Get it right for dementia and you get it right for other things - great opportunity to work closely with social care
- Dementia rarely travels alone - 80% have other co morbid long term conditions

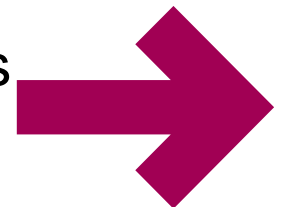


The House of Care



Dementia

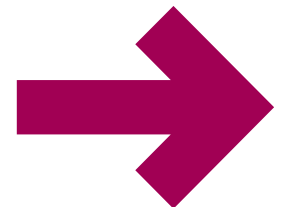
- The Thames Valley Strategic Dementia Forum provides a forum to increase collaboration and strengthen regional partnerships. To:
 - Recognise service excellence and high quality care,
 - Share best practice and innovative solutions,
 - Collectively consider real pathway solutions,
 - Leverage adoption and dissemination.
 - Enable Key stakeholder involvement
 - *Not* an additional layer of governance
- Current membership:
- TVSCN, HETV, Oxford AHSN, PHE & Alzheimer's Society



Dementia

Dementia-friendly practices:

- Working in partnership with HETV the work has been running since Nov 2014
- Specification/criteria based on RBH Dementia Friendly Wards competition and the Kings Fund “*Environments of care for people with dementia*”
- Participating practices:
 - Bedford Street Surgery – Milton Keynes CCG
 - John Hampden Surgery – Chiltern CCG
 - Sheet Street Surgery – WAM CCG
 - Trinity Health Surgery – Aylesbury Vale CCG
- Environmental improvement & tier 1 training for staff
- Good practice exemplars
- CCG engagement



Dementia

Thames Valley Dementia Services Map

This map aims to provide high quality information about:

- local information about services,
- support groups
- As well as national support

Why should we do this?

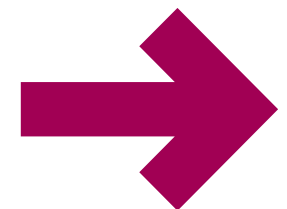
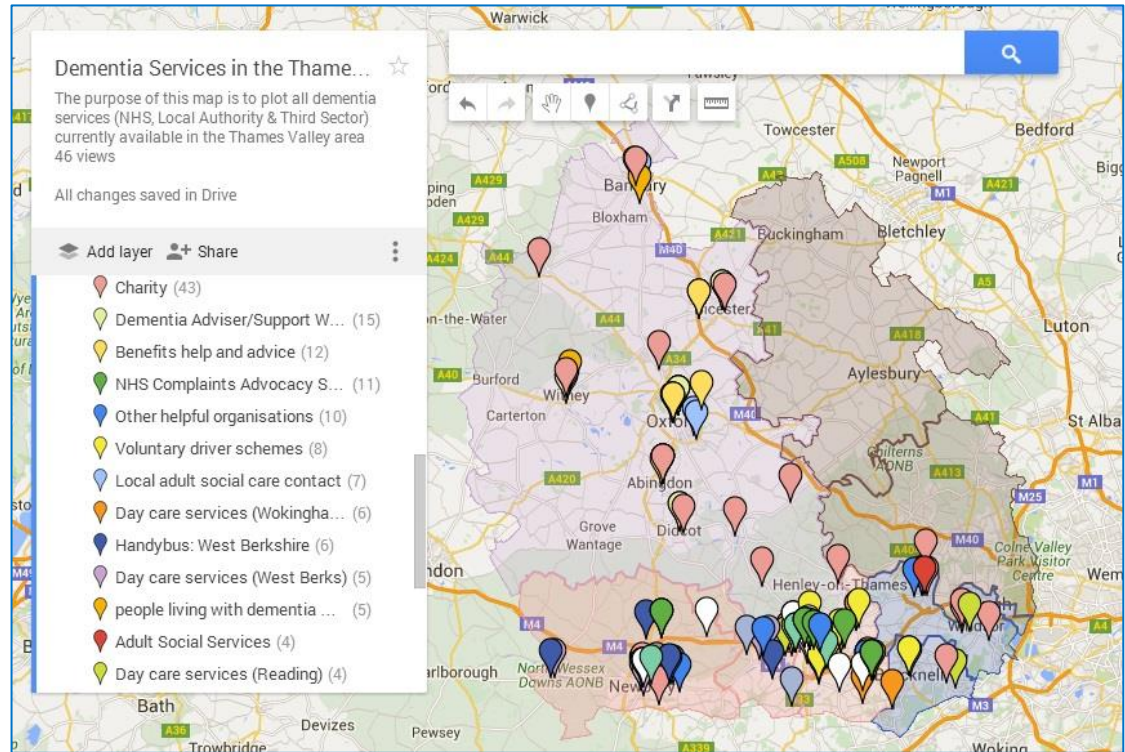
There is a wealth of information, guidance, tools and resources which can optimise assessment treatment and care ...

BUT ...

this is difficult to access to support effective diagnosis and treatment from the surgery desktop.

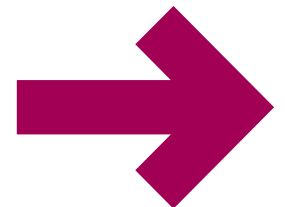
This map will be used to:

- Populate the Dementia Roadmap
- Give Patients , Carers and GP's easy to access information on local post diagnostic support services
- Identify gaps in service provision and information



TV Strategic Commissioning Priorities

- Supporting CCGs to monitor diagnosis – working with local practices
- Choice of service information tool. Care planning. End of Life masterclass
- Dementia friendly practices – evaluation
- Crisis concordat – street triage
- Map of post diagnostic services
- Partnership HETV – Tier 1 and 2 training
- Options for dementia care handbook



- ❖ The national priorities for a comprehensive, patient-centred dementia quality improvement programme include the following. The role of the TVSCN in supporting the system to deliver against them is shown in blue.
- ❖ Driving up early diagnosis
 - Supporting CCGs to monitor diagnosis, working with local practices
- ❖ Developing care planning and service information tools, such as the Dementia Roadmap
 - Choice of tool offered to patients in collaboration with HETV, care planning, end of life master classes and support to develop good EoLC strategies
- ❖ Supporting individuals to maintain independence
 - Dementia friendly GP practice pilots and evaluation
- ❖ Preventing crisis
 - Crisis concordat, street triage (significant dementia component)
- ❖ Providing and sign-posting to post diagnostic support services
 - Baseline map of services, highlighting areas for CCG focus
- ❖ Embed consistent standards
 - Event with AHSN on variation in clinical practice
 - Partnership with HETV to drive up Tier 1 and 2 training
- ❖ Supporting families and carers
 - Exploring options for the a Dementia handbook for carers

AHSN/SCN Event – 16 Sept

Exploring Dementia Variation in
Clinical Practice and Patient
Services, 2 – 7pm
Kings Hotel, Stokenchurch

All SCN dementia work is underpinned by the Dementia Strategic Forum which comprises HETV, PHE, AHSN and Alzheimer's Society