

Weight management services in Berkshire: The view from primary care

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Example: Berkshire services

- ◆ There are Tier 1 and 2 services available across Berkshire
- ◆ Tier 3 is patchy: parts of BW have Barometer
- ◆ No Tier 4 in East Berkshire
- ◆ We do have Tier 4 in Berkshire West based in secondary care.
- ◆ Similar problems exist across some of the rest of TV
- ◆ In addition services are not joined up

Difficulties created

- ◆ Very limited options for patients who need Tier 3: many will go to Tier 1,2 or 4, creating inappropriate referrals
- ◆ Frustrating for GPs
- ◆ And patients don't get the help they need
- ◆ Lack of Tier 4 services in East Berkshire means they get referred elsewhere

The local problem

- ◆ An Eclipse database search in Berkshire West shows the following:
 - ◆ 31,371 people aged <60 with BMI recorded >30
 - ◆ 4,708 people aged < 60 with BMI recorded >40
 - ◆ 983 people aged < 60 with BMI recorded >50
- ◆ At the moment the only solution for people (in BW) with high BMIs who are not being helped in Tier 1 or 2, is bariatric surgery

What do we need to commission?

- ◆ Effective services (T1-4) that are proven to work, and are cost effective. In Berkshire we urgently need Tier 3, and in East Berks, Tier 4.
- ◆ A joined up, clear obesity pathway with linkage between the different Tiers
- ◆ Commissioning problems will be similar in the rest of the region