



Anxiety and Depression Network Oxford AHSN

Person Specification for Patient Forum members

Essential Criteria

Experience

In the past two years, experience of IAPT/Talking Therapies services, as a patient OR carer of a patient at one of the services across the Oxford AHSN region: Berkshire, Buckinghamshire, Oxfordshire, Luton and Milton Keynes. Not currently a patient.

Involvement in committees/ focus groups/ forums

Skills / Attributes

Interest in the NHS and in IAPT/Talking Therapies services in particular and willingness to develop understanding

Ability to comprehend a broad range of information and opinion, willingness to listen and consider different views

Commitment to equality and diversity, reflecting the range of patients living with different conditions in a variety of circumstances

Ability to think about the wider context of health and social care services

Ability to attend meetings regularly, having read associated documentation

Be able to confidently express your views at meetings

An enquiring mind, meaning the ability to ask pertinent questions until you can understand complex issues

Ability to challenge current thinking in ways that are both creative and supportive

The ability to manage and plan your own time

Desirable criteria

- * Member of a patient or carer or community group
- * Basic understanding of the use of technology in healthcare
- * Interest in health research
- * Has worked with patient representation groups before

Time commitment

i. Attending Forum meetings (3 meetings which will last 2.5 hours over an early supper (4-6.30) which will be provided

ii. Reading papers, including minutes, but also plans for projects, draft questionnaires etc

There may be other related involvement activities to be agreed in discussion with you e.g. attending or participating in other events, meetings or training as appropriate and useful to this role