

# Tier 3 weight management in Berkshire

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# Background

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- ❑ Legacy of the PCTs .....
- ❑ Berkshire West : Reading, Wokingham and West Berkshire
  - Tier 2 – Eat 4 Health
  - Tier 2 - Weight no longer
  - Tier 3 (almost) – Barometer
  - Tier 4 – Royal Berkshire Hospital
- ❑ Berkshire East – Slough, Bracknell Forest, Royal Borough Windsor and Maidenhead
  - Tier 2 Slimming World vouchers

# Commissioning in the LAs, CCGs

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- ❑ BW –
  - Tier 2, all 3 UAs commissioned out Eat4Health
  - Weight no longer moved to a county wide Weight Off your Mind
  - Barometer shrinking now only 3 cohorts in West Berkshire
  - Tier 4 continuing in Royal Berkshire Hospital
- ❑ BE –
  - Tier 2 Slimming World vouchers commissioned
  - Tier 2 Weight off your mind now available.

# What is the plan?

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- ❑ Agreement reached in Berkshire West to have a clear obesity care pathway with all tiers of service available
- ❑ Meetings – PH, Dietitians, CCG
- ❑ Currently a Project Initiation Document is being developed to take to BW Federation for a tier 3 service. PH and dietetics looking at a local model to pilot that has good outcomes and is VFM

# Challenges

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- ❑ Berkshire having 6 UAs, 7 CCGs and 2 CCG Federations
- ❑ Public Health spread across the county in the LAs with variable capacity to work across on single topics e.g. Obesity
- ❑ Variable commitment to tackling obesity both in LAs and CCGs
- ❑ Shrinking budgets
- ❑ Dismantling services that are currently in existence and changing commissioning responsibilities

# Positives

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- ❑ We have GP Champions (☺ - thanks Richard and Abid)
- ❑ We are working in partnership with BW CCG Federation, PH and BHFT
- ❑ We have tier 3 models that have been evaluated – Oxford, Bucks, Kent, West Sussex,
- ❑ We have other areas that are just starting to commission who we can talk to
- ❑ We have a successful local Tier 4 service
- ❑ We have a clear picture of an obesity care pathway
- ❑ The AHSN are interested in innovative models and we would like to oblige.